Home Safety Checklist

Name: __________________________

Please √ the box

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Don’t Know</th>
<th>or N/A</th>
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</thead>
</table>

Living Room and Family Room:
1. Can you turn on a light without having to walk into a dark room? ☐ ☐ ☐
2. Are lamps, extension or phone cords out of the flow of foot traffic? ☐ ☐ ☐
3. Are passageways free from objects and clutter (papers, furniture)? ☐ ☐ ☐
4. Are curtains and furniture at least 12 inches from baseboard or portable heaters? ☐ ☐ ☐
5. Do your carpets lie flat? ☐ ☐ ☐
6. Do your small rugs and runners stay put (don’t slide or roll up) when you push them with your foot? ☐ ☐ ☐

Kitchen:
7. Are your stove controls easy to see and use? ☐ ☐ ☐
8. Do you keep loose fitting clothing, towels, and curtains that may catch fire away from the burners and oven? ☐ ☐ ☐
9. Do you have a step stool that is sturdy and in good repair? ☐ ☐ ☐

Bedroom:
10. Do you have working smoke detectors on the ceiling outside your bedroom door? ☐ ☐ ☐
11. Can you turn on a light without having to walk into a dark room? ☐ ☐ ☐
12. Do you have a lamp or light switch within easy reach of your bed? ☐ ☐ ☐
13. Is a phone within easy reach of your bed? ☐ ☐ ☐
14. Is a light left on a night between your bed and the toilet? ☐ ☐ ☐
15. Are the curtains and furniture at least 12 inches from your baseboard or portable heater? ☐ ☐ ☐

Bathroom:
16. Does your shower or tub have a non-skid surface: mat, decals, or abrasive strips? ☐ ☐ ☐
17. Does the tub/shower have a sturdy grab bar? (not towel rack) ☐ ☐ ☐
18. Is your hot water temperature 120 degrees or lower? ☐ ☐ ☐
19. Does your floor have a non-slip surface or does the rug have a non-skid backing? ☐ ☐ ☐
20. Are you able to get off and on the toilet easily? ☐ ☐ ☐
Stairways:
21. Is there a light switch at both the top and bottom of inside stairs? ☐ ☐ ☐
22. With the light on, can you clearly see the outline of each step as you go down the stairs? ☐ ☐ ☐
23. Do all stairways have sturdy handrails on both sides? ☐ ☐ ☐
24. Do handrails run the full length of the stairs, slightly beyond the steps? ☐ ☐ ☐
25. Are all the steps in good repair, not loose, broken, missing or worn in places? ☐ ☐ ☐
26. Are stair coverings (rugs, treads) in good repair, without holes and not loose, torn or worn? ☐ ☐ ☐

Hallways and Passageways:
27. Do all small rugs or runners stay put (don’t slide or roll up) when you push them with your foot? ☐ ☐ ☐
28. Do your carpets lie flat? ☐ ☐ ☐
29. Are lamps, extension and/or phone cords out of the flow of foot traffic? ☐ ☐ ☐

Front and Back Entrances:
30. Do all entrances to your home have outdoor lights? ☐ ☐ ☐
31. Are walk-ways to your entry free from cracks and holes? ☐ ☐ ☐

Throughout Your House:
32. Do you have an emergency exit plan in case of fire? ☐ ☐ ☐
33. Do you have emergency phone numbers listed by your phone? ☐ ☐ ☐
34. Are there other hazards or unsafe areas in your home not mentioned in this checklist that you are concerned about? If so, what are they? ____________________________________________________________

Make your home safer:
How are you going to improve your home to make it safer?
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

Source: