

Free Seminar in Cantonese

What you need to know about Traditional & Complementary Medicine

The seminar will cover:

- How to safely incorporate traditional and complementary medicine with western medicine
- What are traditional and complementary medicine dietary recommendations for a healthy diet?
- Tips for communicating with your herbalists and doctors
- What are the common drug-drug interactions?



You may join the seminar in-person or on-line.

Call 1-415-677-2473 to register!

IN-PERSON

Location: Chinese Hospital at 845 Jackson Street, SF CA 94133

Date: Tuesday, 12/20/2016

Time: 10:00 – 11:00 AM

Speakers: Sunny Pak, MD, MPH, MSTCM & Yuwen Cen, PhD, LAc

ON-LINE

When: Tuesday, 12/20/2016

Time: 10:00 – 11:00 AM

Link:

<https://webmeeting.ucsf.edu/orion/joinmeeting.do?ED=7vHcuJ3-pGYbxCGql8xSHg==&Rnd=0.46946301974647775>

Audio Connection:

1 415-514-1000

Access Code: 996 574 763

This program is sponsored by the Traditional and Complementary Medicine Working Group. Members of the Group are:

- Asian American Research Center on Health
- American College of Traditional Chinese Medicine
- Chinese Community Health Resource Center
- Chinese Hospital-East West Health Services
- Chinatown Public Health Center, San Francisco Public Health Department
- Chinatown Child Development Center, San Francisco Public Health Department
- Richmond Area Multi-Services, Inc.
- University of California, San Francisco
- University of San Francisco