

兒童健康體格檢查表 Pediatric Preventive Care Guidelines

兒童	Months 月數																CHILDREN																
	初生兒 NB		Months 月數												Years 年歲																		
	日數 Days		1	2	4	6	9	12	15	18	24	3	4	5	6	8		10															
免疫注射/疫苗																	IMMUNIZATION																
白喉/破傷風/百日咳			◆	◆	◆						←◆→						←◆→		Diphtheria / Tetanus / Pertussis														
乙型流感			◆	◆	◆						←◆→								H. Influenza type B														
A型肝炎											←◆→								Hepatitis A														
B型肝炎	◆		←◆→								←◆→								Hepatitis B														
麻疹、流行性腮腺炎及德國麻疹											←◆→						←◆→		Measles, Mumps, Rubella (MMR)														
小兒麻痺			◆	◆							←◆→						←◆→		Inactivated Poliovirus														
水痘											←◆→						←◆→		Varicella (chicken pox)														
肺炎			◆	◆	◆						←◆→								Pneumococcal														
流感(每年)																		→	Influenza (yearly)														
輪狀病毒			◆	◆	◆														Rotavirus														
頭圍	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆									Head Circumference														
身高及體重	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Height & Weight														
體重指數												◆	◆	◆	◆	◆	◆	◆	Body Mass Index														
病史及體格	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	History & Physical														
成長及行為為鑒定	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Developmental / Behavioral Assessment														
自閉症												◆	◆						Autism														
健康指導諮詢	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	Health Guidance & Counseling*														
遺傳病	←◆→																		Hereditary / Metabolic Screening														
血壓													◆	◆	◆	◆	◆	◆	Blood Pressure														
紅血球										◆									Hematocrit / Hemoglobin														
尿分析																◆			Urinalysis														
視力	S	S	S	S	S	S	S	S	S	S	S	S	O	O	O	O	O	O	Vision														
聽力	O	S	S	S	S	S	S	S	S	S	S	S	S	O	O	O	O	O	Hearing														
初次牙齒檢查													←◆→						Initial Dental Check up														
有如下危險因素傾向的兒童：																	FOR HIGH RISK CHILDREN:																
鉛測檢												◆						◆	Lead screening														
膽固醇																◆	◆	◆	Cholesterol screening														
肺結核			◆			◆		◆		◆	◆	◆	◆	◆	◆	◆	◆	◆	Tuberculin test														

圖解 KEY:

◆ 表示應做檢查 Age at which a test should be performed.

←◆→ 箭頭表示在此段間內應做檢查 Range in which a test should be performed at the recommended age.

NB=初生兒 Newborn; S=一般性測檢 Subjective; O=儀器標準測檢 Objective, by a standard testing method.

* 產前諮詢是給予有高危險因素、首任父母以及詢求對嬰兒睡眠姿勢、母乳餵哺、營養、暴力以及預防意外等資料，指導：及指引的父母。Prenatal counseling for high-risk, first time parents and those who request information, counseling, and guidance on sleep position, breastfeeding, nutrition, violence & injury prevention.

References:

- Recommended Childhood Immunization Schedule, 2010, Centers for Disease Control and Prevention.
- Recommendations for Preventive Pediatric Health Care, American Academy of Pediatrics and Bright Future, 2008.

